

MENU

OUR MENU IS ADJUSTED SEASONALLY TO MAKE ROOM FOR HOLIDAY FLAVORS AND TO OFFER THE FRESHEST PRODUCE AVAILABLE.



SIGNATURE ENTREES

Cafe Signature Salad

Grilled chicken breast, real bacon, shredded Monterey-Jack cheese, and cherry tomatoes over mixed greens. **\$7.25**

Sourdough Chicken Melt

Deli sliced chicken breast and Havarti cheese toasted on sourdough bread. Served with lettuce, tomato, and pickle. **\$ 6.50**

Cashew Chicken Wrap

Our house recipe chicken salad, including all white meat chicken and cashew nuts. Served on a whole wheat wrap. **\$ 6.00**

Italian Meatball Subs

Italian style meatballs, smothered in marina and shredded Mozzarella cheese, served on an 8-inch hoagie roll. **\$ 6.50**

Breakfast Burrito

This season: Southwest Chicken. Seasoned potatoes, shredded cheese, eggs, mild black bean salsa, and slow-roasted chicken, wrapped in a Southwest wrap. (Ingredients and protein will vary seasonally.) **\$ 6.50**

Breakfast Bowl

Seasoned potatoes, scrambled eggs, and roasted veggies, topped with ground turkey chorizo OR beef bacon bits, and smothered in cheese sauce. **\$ 6.50**

Flatbread Pizzas

3-Cheese Pizza w/ red sauce **\$ 6.00**
Pepperoni & Bacon w/ red sauce **\$6.75**
Flatbread of the Week **\$7.25**

SIGNATURE SIDES

Fruit Cup **\$ 2.75**

Greek Yogurt Parfait **\$ 2.60**

BAKED GOODS

Scones **\$ 3.00 ea.**

Gluten & Dairy Free Scones **\$ 3.00 ea.**

Specialty Pastries **\$ 3.00 ea.**

Donuts **\$ 1.50 ea.**

Bagel w/ Cream Cheese **\$ 1.50 ea.**

Cookies **\$ 1.00 ea.**

BEVERAGES

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ESPRESSO

Americano...\$2.50

Latte...\$3.50

Iced Latte...\$3.75

Cappuccino...\$3.00

Ristretto...\$2.00

Ristretto Double...\$3.00

Available Flavors:

Vanilla, sf Vanilla, Mocha, White Chocolate, sf White Chocolate, Caramel, Butterscotch, sf Butterscotch, Hazelnut, Peanut Butter, Coconut, Ginger*, Basil*, Brown Sugar Rosemary*, Pure Honey, Pure Agave.*

*(*Specialty house syrups)*

COFFEE

Drip Coffee \$ 1.00

Cold Brew Coffee

Served neat and black, or over milk and your favorite flavor. \$ 1.50 - \$2.50

Protein Coffee

Cold brew and milk, blended with your choices of Level-1 Protein powder.

\$ 5.00

Available flavors: Vanilla Ice Cream, Milk Chocolate, Cinnamon Cookie.

BOBA

Boba Soda

Made with club soda, bursting boba, half & half, and flavored syrups.

Available Flavors: strawberry, peach, mango, kiwi, green apple, blueberry. \$ 3.00

Also available: Brown Sugar or Matcha Crystal boba.

Boba Tea

Sweetened black tea with black pearl tapioca boba and half & half. \$ 3.00

TEA

Hot Tea

Premium bagged teas by Hugo Tea: black, green, earl grey, peppermint. \$1.00

Matcha Latte

Premium grade matcha green tea powder, carefully whisked into steamed milk. Also available iced. \$3.50

Masala Chai Latte

Masala Chai by Hugo Tea, steamed with milk. Also available iced. \$3.30

Hot Chocolate...\$3.00

Fountain Drinks...\$1.50

Bottled Beverages...prices vary

Milk options: Skim 2% milk, whole milk, almond milk (\$0.75), oat milk (\$0.75).

SEASONAL MENU

AUTUMN 2023



SEASONAL ENTREES

Seasonal Salad...\$6.50

Fresh apples, toasted almonds, dried cranberries, and goat cheese over mixed greens.

(Add chicken - \$3.00)

Monte Cristo Breakfast Sandwich...\$9.00

Turkey, egg, brown sugar beef bacon, and American cheese folded into a French toasted flatbread and served with a side of country gravy and strawberry jam.

Red Beef & Bean Chili...Cup \$4.75 Bowl \$5.50

Soup of the Week...Cup \$4.25 Bowl \$4.75

Bacon & Gouda Egg Bites...\$4.00

SEASONAL LATTES

Pumpkin Pie (available sugar free)

Maple Vanilla

Salted Caramel

Toasted Marshmallow
